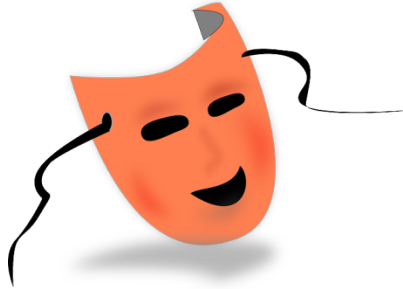




Purim at the South Street Temple

PURIM CELEBRATION 2019



Sunday, March 24, 2018

South Street Temple | 2061 South 20th Street

1:30 pm

- ❖ Hamantaschen-Making Workshop with Nathaniel
- ❖ Make a Mishloach Manot Bag: gifts of at least 2 different kinds of food for a friend or neighbor
- ❖ Manot l'Evyonim: Tzedakah to the Needy: bring canned/boxed food for the Food Bank

3:00 pm

Purim Spiel: "Mary Poppins Comes to Shushan "

SOMETHING NEW ON THE WEB...

Visit our new website at:

<https://southstreettemple.org/>



Congregation B'nai Yeshurun
South Street Temple



ONEG HOSTS NEEDED!

Open dates:
March 8, 15 and 29

TEMPLE GIFT SHOP

The Gift Shop has reopened!

New Passover items have been arriving throughout February.



If you'd like to be a Gift Shop volunteer, please contact
Johna Walker (402-770-4189 /
giftshop@southstreettemple.org or
jlpwalker2@gmail.com)

BIKKUR HOLIM – VISITING THE SICK

Rabbi Appleby makes bikkur holim visits and phone calls but can only do so if she knows that someone is ill or is in the hospital. Due to HIPAA patient privacy laws, the only time a hospital will inform us about a congregant is if the patient lists the Temple as his/her congregation.

If you, a loved one, or a friend would like the Rabbi to make a bikkur cholim visit or phone call, please let Rabbi Appleby know. Call the Temple office at 402-435-8004 or e-mail rabbi@southstreettemple.org



The National Day of Unplugging

March 1-2 marks the 10th anniversary of the National Day of Unplugging. I first learned about this just five years ago, when I read my weekly email from the URJ.

This Day of Unplugging is a project of Reboot: a Jewish organization founded in 2002 to engage and inspire young cultural creatives, innovators, and thought-leaders, who through their candid and introspective conversations, generate projects that impact the world.

It is an outgrowth of Reboot's 2010 Shabbat Manifesto which asks us to slow down our lives by doing 10 things:

- Avoid technology
- Connect with loved ones
- Nurture our health
- Get outside
- Avoid commerce
- Light candles
- Drink wine
- Eat bread
- Find silence
- Give back

What caught my eye in the URJ email was a photograph of Rabbi Rick Jacobs holding up a sign which said "I unplug to _____," with his hand-written response: "Reflect." Intrigued, I clicked on "Learn More."

This Day of Unplugging challenges us to turn off: our smart phones, tablets, and computers; to refrain from updating our lives on Social Media Facebook -- for a 24-hour period, during Shabbat, from sundown to sundown.

On Reboot's website, there are photos of people of all ages, from virtually everywhere in the world: from the U.S., Canada, South America, Israel; Australia and New Zealand; Portugal, Germany, Poland, Hungary, and Russia; all holding signs in a variety of languages with their handwritten responses to: "I unplug to _____"

In Genesis, we read that G-d created the heavens and the earth in six days, and then blessed the seventh day, made it holy, ceased from work and was refreshed. Did

G-d really need to rest ... to be refreshed...? Or was G-d setting an example for us to follow?

We humans need to be refreshed. We need to cease from the frenetic pace, the all-consuming activity and busy-ness of the week. We avoid leisure time ... out of fear of the void ... or guilt ... or just not wanting to miss out on anything; so, we need to be taught to rest, to power-down, to unplug.

With love and wisdom, G-d took the seventh day, separated it from the rest of the week, set it apart, and created holy time. Shabbat – our oasis in time, what Heschel calls our *cathedral in time* – is a gift. It is the Jewish unplug day, the Jewish power-down day.

Shabbat is a time for reflection and introspection; a time to refocus our attention and activities. Shabbat is a time to be nurtured, to be healed, to be refreshed; a time to renew our visions and to restore our energy. Shabbat is a time to nurture our relationships: with G-d, our family, our friends, and our environment. Shabbat is a time to share laughter, tears, and conversation; a time to share love and friendship, and to be nourished. Shabbat is a time to connect to our ancient and modern Jewish selves, through the comfort of prayer, study, and ritual. Shabbat is a time to let the Shechinah into our hearts and minds, to become more fully human; it is a time to find gentleness, strength, compassion, and joy. Shabbat is a time to marvel at the beauty of creation; a time to revel in our freedom.

How will you embrace Shabbat? How will you unplug – not just once a year, but every week?

Please join us for Erev Shabbat services on Friday, March 1 for the National Day of Unplugging. Copies of the sign will be available at the Oneg – fill yours in and have a photo taken with your sign.

Join us every Shabbat—whether Erev or Morning Services—to share our oasis of time together.

L'Shalom, Rabbi Teri Appleby

Youth & Adult Education

LJCS NEWS

Religious School classes will meet at their usual times most days this month, but please note that there will be no classes on **Sunday, March 10, Wednesday, March 13** or **Wednesday, March 20**

THE WEEKLY TORAH PORTION

Parashat Vayakhel: [Exodus 35:1 - 38:20](#)
Read more at the [URJ's Torah Study page](#)

OTHER ADULT ED

Ongoing:

- ❖ Torah Study
- ❖ Mussar class
- ❖ Adult Hebrew



UPCOMING SYMPOSIUM

"Antisemitism in the 1930s and Today"

Where: Colonial Rooms A&B in the City Campus Union,
University of Nebraska-Lincoln

Date: April 1, 2019 | **Time:** 9:00 am - 5:00 pm



The Sommerhauser Symposium on "Antisemitism in the 1930s-1940s and Today" is organized by the Harris Center for Judaic Studies at the University of Nebraska-Lincoln (UNL). The symposium will cover aspects of antisemitism from the past and present in the U.S. and Europe. The conference papers will be published as the second volume in the new series "Contemporary Holocaust Studies" (University of Nebraska Press).

The workshop is sponsored by the Lou Sommerhauser Fund for Holocaust Education, with additional support from the Forsythe Family Program on Human Rights and Humanitarian Affairs, the Harris Center for Judaic Studies, and the UNL History Department.

For more information contact:

Dr. Ari Kohen (akohen2@unl.edu)
or Dr. Gerald Steinacher (gsteinacher2@unl.edu)

Giving

Thank You for These Recent Contributions

Eternal Light 2019

Carolyn Nelson
Sue Schreiber, in memory of Ida Ruth Bogen
Goldhammer, Abraham A. Goldhammer & Dr. Louis I.
Bogen

General Fund

Stacy Waldron
Al & Lea Weiss, in memory of Paul Zygielbaum
Lisa Woodward-Zinn

Memorial Fund

Brenda Friedman Ingraham, in memory of Alan Zinn

Rabbi's Discretionary Fund

Dean & Maria Cadwallader
Ginger Colton
The Ganz family, in memory of Nancy Sands
Benjamin Gelber, in memory of Julius Gelber
Carolyn Nelson
Johna Walker, in memory of Bill Platz

TSA Gift Cards

Rabbi Appleby
Ginger Colton
Leslie Delserone & Peter Mullin
Aimee Hyten
Elaine Monnier

Prayer, Life Cycle & Simcha

Service Times

Erev Shabbat Service: Friday evenings, beginning at
6:30 pm

Oneg Shabbat follows service in the Social Hall. Please contact the Temple office if you are interested in sponsoring or hosting an Oneg

Shabbat Morning Service: Saturday mornings, beginning at **9:30 am**

Torah Study: Saturdays following the morning service, beginning at around **10:45 am**

Mi Shebeirach prayers: If you or someone you know would like to be added to our list of prayers for healing, read at each service, please contact the Temple office at office@southstreettemple.org or **402-435-8004**



If you have something to celebrate or know someone in need of prayers, please notify the Temple office. If you wish to commemorate important milestones in the lives of family and friends, please consider a tax-deductible gift to the Temple. An acknowledgment will be sent to the honoree, and a notice will appear in the Temple bulletin.

You can specify that your donation is "In Honor of," "In Memory of," or "On Occasion of."

Simply send a check or direct an online bank payment to:
South Street Temple (ATTENTION: Treasurer)
2061 South 20th Street, Lincoln, NE 68502-2712

Your thoughtfulness is appreciated.

Our Congregation

Congregation B'nai Jeshurun

The South Street Temple

2061 South 20th Street
Lincoln, NE 68502



www.southstreettemple.org

[402.435.8004](tel:402.435.8004)

Teri Appleby, rabbi – rabbi@southstreettemple.org

Peter Mullin, office administrator –

office@southstreettemple.org

Office hours 1:00 to 5:00 Monday through Friday

Executive Committee:

Nathaniel Kaup – President

president@southstreettemple.org

Nicholette Seigfreid – Vice President

Julie Moore – Secretary

Leslie Delserone – Treasurer



Board Members:

Maria Cadwallader

Aimee Hyten

Elaine Monnier

Anne Rickover

Nicholette Seigfreid

Dan Senft

Art Zygielbaum

Branch Heads:

Chesed (Caring): Anne Rickover

Gevurah (Sustainability):

Hod (Communications): Maria Cadwallader

Malchut (Building and Grounds): Dan Senft

Netzach (Special Events): Aimee Hyten

Ruach (Spirit): Elaine Monnier

Yasod (Foundation): Art Zygielbaum

Vad (Unifying): Leslie Delserone, Nathaniel Kaup, Julie Moore, Nicholette Seigfreid

CLINIC WITH A HEART



Since 2012, our congregation has served as a sponsor for Clinic With a Heart, a free clinic that provides medical care to low income, uninsured people. Largely

staffed by 700 volunteers from eleven mission teams, the clinic provides a variety of health services in an atmosphere of dignity and hospitality. In 2018, our dedicated volunteers, in partnership with St. Paul United Methodist Church, provided 525 hours of service.

Among the highlights of the past year:

- 3,262 patients were seen
- 93% of those patients were uninsured
- 56% were unemployed
- 68% of patients had annual household incomes of less than \$16,000
- 16% were homeless
- Patients spoke 24 languages
- In April, the Clinic opened a dental extraction clinic. Through December, 292 patients had 547 teeth pulled by community dentists and UNMC College of Dentistry students.

Our congregation contributes in three ways: by volunteering at Clinic one night a month, donating personal care items and over the counter medications, and by making financial contributions to meet our annual obligation of \$1,800. As you know, we are currently accepting donations from our members and friends to fund our \$150/month financial commitment to the Clinic.

We are grateful for the dedication of our Temple's volunteers and for the generosity of the Lincoln Jewish Community in supporting this vital community health service.

Would you be interested in being part of the South Street Temple's volunteer team? Medical and non-medical volunteers are needed. We appreciate all the ways that our members and friends participate. If you have questions or would like to volunteer, please contact Barb Straus at barbstraus@gmail.com.

Please make plans to attend Shabbat Evening Service on **Friday, March 15** at the Temple: our featured guest speaker will be Clinic With a Heart's Executive Director, **Teresa Harms**.



FEEDING THE KIDS AT F STREET



South Street Temple partners with "We Can Do This" every month to provide weekend meals to the children of the F Street Community Center. The Center provides evening meals during the school week, but it does not have the budget to serve anything to eat on weekends, leaving some children with little or no food during the day.

Join us as we provide lunch on the third Sunday of every month. Food/monetary donations, meal preparation and assistance with setting up, serving, and clean-up are needed!

*We will serve our next meal on
March 17 at 2:30 pm*

*For more information, contact
Aimee Hyten at aimee.hyten@gmail.com*

FEDERATION



The mission of the Jewish Federation of Lincoln is to inspire generosity, improve lives, and strengthen our Jewish community within a framework of Jewish values. Our vision is a Jewish community united in tzedakah to support Jews locally and worldwide.

Join the Federation this year to help!

Visit www.JewishLincoln.org to contribute or mail your donation to:

Jewish Federation of Lincoln
P.O. Box 67218
Lincoln, NE 68506

**THE STRENGTH OF A PEOPLE / THE POWER OF
COMMUNITY**

March Birthdays

March 2: Sonia Feigenbaum

March 4: Ava Draper-Moore, Marcia Kushner, Dottie Shapiro

March 7: Jared Murray

March 8: Susan Senft

March 9: Amy Zlotsky

March 10: Alicia Chapelle, Peter Levitov

March 12: Marci Rosenberg

March 13: Anne Rickover

March 15: Nathan Hack-Curtis

March 16: Lisa Woodward-Zinn

March 18: Lydia Dalton

March 19: Alisa Murray

March 20: Rachel Balter, Alan Tomkins, Chris Zygielbaum

March 21: Linda Glaser, Kate Rosenbaum

March 22: Sean Hollibaugh, Rachel Lundholm

March 25: Randy Reinhart

March 31: Jack Brackhan, Ralph Stump

March Anniversary

March 4: Mark & Stefani Singer (15 years)

☆ **Upcoming Yahrzeits** ☆

February 24 – March 2, 2019

Milton Bennett

Jacob Boekstal

Abraham Byron

Louis Freedman

Willard "Bill" Goldfein

Mary Matkin

Marsha Plotkin Rosenberg

March 3 – 9, 2019

Marty Barron

Louis I. Bogen, M.D.

Labern Harry Cadwallader

Yaris Rae DeButts

Phyllis Friedman

Rosalie May Friend

Abraham A. Goldhammer

Rabbi Wolfgang Hamburger

Baila S. Kennedy

Claude Randall Matkin

Jarold (Jerry) Merker

Burt Polsky

Gabriel Rosenberg

Joseph Rosenberg

Barbara Simon

Abraham Somberg

Janet Kohn Speck

Alfred Speier

Frances Zinn Weidenbaum

March 10 – 16, 2019

Lena Bakker

Robert Bates

March 10 – 16, 2019

Wayne Leo Cadwallader

Evelyn Goldberg Claymon

Sarah Cole

Keith Dalton

Louie Fink

Isaac M. Friend

Inez Hansen Zeman

James Hicks

Aaron Jacobs

Etta Jacobs

Margaret A. Lyons

Louis Mayer

Babette (Bobbie) Prostok

Charles B. Simon

Elsa Storch Youssi

March 17 – 23, 2019

Joseph Baum

Sophie Lavruk Ewanuff

Sara Gelsin

Ruth Zolot Goldberg

Joseph Heller

Myer Kominsky

Morris Levy

Bertha Maness

Blanche Rayor

Isaac Rosenberg

Mathilde M. Schreiber

Dora Silberger

Walter Simon

Howard Wilcox

Henry Williams

March 24 – 30, 2019

Sidney Babbitz

Phillip Byron

Ellen Rose Chapelle

Hortense Deinard

Erich Hamburger

Nathan Lieberman

Cyla Martin

Jack Nisker

Morris Polsky

Max D. Prostok

Stanley Ross

Elizabeth Roth

Lili Weisz

March 31 – April 6, 2019

Julius Adler

Eva Byron

Jacob William Chesen

Frank Cole, M.D.

Roy J. Cole

Violet Ellinger

Sylvia W. Friend

Samuel W. Goldfein

Marjorie Mae Huntley

Robert Lang

Rebeccah Mairson

Michael Meyer

Claude Mullinaux

Dora Myers

Frances Rosenblum Freedman

M. Murray Schwartz



Zichronam livracha:

May their memories be for blessing

SERVICES / TORAH STUDY / UPCOMING EVENTS [with events/activities for the home]

Friday, March 1 – National Day of Unplugging

[Candlelighting for Shabbat at **6:00 pm**]

6:30 pm – First Friday Family Shabbat Service

7:30 pm – Oneg (hosted by UNL Hillel)

Saturday, March 2 – Shabbat Shekalim – Marcia Kushner birthday

[Havdalah (72 minutes) at **7:31 pm**]

9:30 am – Shabbat Morning Service at Temple

10:45 am – Torah Study on Parashat Vayekhel at SST

12:00 n – Kiddush lunch at Tifereth Israel

1:15 pm – Scholar-in-residence with Rabbi Elliott

Tepperman at TI

Sunday, March 3

11:30 am – Adult Hebrew Prayer class

1:30 pm – Board of Trustees meeting

3:00 pm – Purim Spiel rehearsal

Tuesday, March 5

7:00 pm – Mussar Va'ad

Thursday, March 7 – Rosh Chodesh Adar II

Friday, March 8 – Rosh Chodesh Adar II

[Candlelighting for Shabbat at **6:08 pm**]

6:30 pm – Erev Shabbat Service

7:30 pm – Oneg (**host needed!**)

Saturday, March 9 – Itai Trainin Bar Mitzvah – No Service or Torah Study at the Temple

[Havdalah (72 minutes) at **7:39 pm**]

Sunday, March 10 – No LJCS – Daylight Saving Time begins

11:30 am – Adult Hebrew Prayer class

3:00 pm – Purim Spiel rehearsal

Wednesday, March 13 – No LJCS Hebrew School

Friday, March 15

[Candlelighting for Shabbat at **7:15 pm**]

6:30 pm – Erev Shabbat Service, with special guest speaker, Teresa Harms, of Clinic With a Heart

7:30 pm – Oneg (**host needed!**)

Saturday, March 16 – Shabbat Zachor

[Havdalah (72 minutes) at **8:46 pm**]

9:30 am – Shabbat Morning Service

10:45 am – Torah Study on Parashat Vayikra

6:00 pm – Potluck Dinner & Game Night

Sunday, March 17

11:30 am – Adult Hebrew Prayer class

1:30 pm – Jewish Book Club at Walt Library (*note venue change*)

2:30 pm – Feeding the Kids at F Street Rec Center

3:00 pm – Purim Spiel dress rehearsal

Tuesday, March 19

12:00 n – Ladies' Lunch at the Parthenon

7:00 pm – Mussar Va'ad

Wednesday, March 20 – No LJCS Hebrew School – Fast of Esther – Megillah Reading

Thursday, March 21 – Purim

7:00 pm – Purim Spiel rehearsal

Friday, March 22 – Shushan Purim

[Candlelighting for Shabbat at **7:23 pm**]

6:30 pm – Erev Shabbat Service

7:30 pm – Oneg (hosted by Bryan Gordon)

Saturday, March 23

[Havdalah (72 minutes) at **8:54 pm**]

9:30 am – Shabbat Morning Service

10:45 am – Torah Study on Book of Esther

Sunday, March 24

11:30 am – Adult Hebrew Prayer class

1:30 pm – Purim Celebration

2:00 pm – Purim Spiel rehearsal

3:00 pm – Purim Spiel

Tuesday, March 26

6:00 pm – LJCS Board meeting

Friday, March 29

[Candlelighting for Shabbat at **7:30 pm**]

6:30 pm – Erev Shabbat Service

7:30 pm – Oneg (**host needed!**)

Saturday, March 30 – Shabbat Parah

[Havdalah (72 minutes) at **9:01 pm**]

9:30 am – Shabbat Morning Service

10:45 am – Torah Study on Parashat Sh'mini

Sunday, March 31

1:30 pm – Board of Trustees meeting

3:00 pm – Steel Drum concert at Tifereth Israel

Community & Events

LADIES' LUNCH GROUP



This month, we will meet on **March 19** at **12:00 noon** at the [Parthenon](#), [5500 South 56th Street](#)

Let [Deborah Swearingen](#) (402-475-7528) know if you plan to attend and if you need a ride.

JEWISH BOOK CLUB



Our next meeting will be:
Sunday, March 17, 1:30-3:30 pm

[Walt Library](#)
[6701 South 14th Street](#)

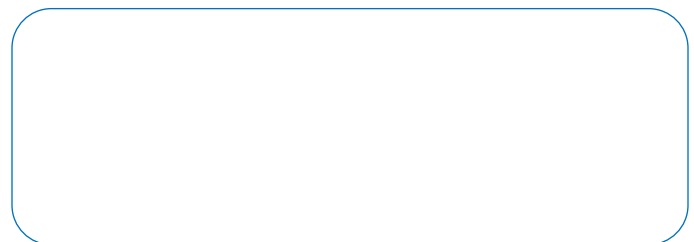
(South of Old Cheney Road on South 14th, near Cooper YMCA)

We'll discuss [The Weight of Ink](#) by **Rachel Kaddish**

Bringing of treats is permitted. Also note that this is not intended to be a women's-only group; men are welcome to join in!

Congregation B'nai Jeshurun

The South Street Temple
2061 South 20th Street
Lincoln, NE 68502-2712



ADDRESS CORRECTION REQUESTED