



## August at the South Street Temple

### POP-UP SHABBAT DINNERS

**When?** Our next Pop-up Shabbat will be on **August 9, 2019**. We have two host homes this month.

**What?** Pot-luck Shabbat dinners hosted in congregant's homes. Informal...friendly...relaxed get-togethers. A little ritual (blessings over candles, wine and challah) and plenty of socializing. Hosts only need to open the door with a smile and provide a set table. Guests bring an assigned dish to share.

**Why?** To break bread together, to have unexpected conversations, to experience the joy of Shabbat, to enjoy each other's company, and to meet someone new or to get to know each other in much deeper ways.

#### Options for Friday, August 9:

- The home of Carolyn Nelson: 10 guests, no wheelchair access, 3 cats, 1 dog
- The home of Dean & Maria Cadwallader: 6 guests, no wheelchair access, 4 cats, 1 dog, no mango, please
- **Reminder: NO Erev Shabbat Services at the Temple**

**Guests:** Contact the [Temple office](#) and let us know your preferred location, and then wait for further easy instructions. Sign-ups are on a first-response/first-reserved basis for each home.

**Hosts:** If you'd like to host, please e-mail your answers to the following questions to the [Temple office](#):

- What date(s) would you like to host?
- How many guests do you wish to invite?
- Are there any pets in your home? What kind and how many?
- Do you have any restrictions regarding smoking, fragrances, food, children, etc.?
- Is your home wheelchair accessible?

Hosts and attendees will receive more information during the planning process, including contact information, assignment of dinner locations, and a final reminder of what to bring the week of the dinner.

#### Upcoming dates:

- **2019:** September 13, October 11, November 8, December 13
- **2020:** January 10, February 14, March 13, April 10 (during Passover), May 8

### URJ BIENNIAL

**What is Biennial?** The URJ Biennial is the largest Jewish gathering in North America. This year's Biennial will bring together 5,000 Reform Jews of all ages, including lay leaders, professionals, clergy, and youth leaders representing 1.5 million



**URJ BIENNIAL 2019**

DECEMBER 11 - 15  
CHICAGO, IL

North American Reform Jews. Together, we'll learn, pray, share ideas, network, celebrate, and make decisions about the future of Reform Jewish life. We'll return to the South Street Temple armed with new resources and ideas, as well as with the enthusiasm and know-how to put them to use to strengthen and enrich our spiritual home.

**Who should attend?** Those who should plan to be with us in Chicago include clergy, board members, lay leaders at all levels, synagogue professionals, teen leaders, high school and college students, and anyone else interested in Jewish learning, worship, and community.

**How do we sign up?** You can find lots of information and register right now at [URJBiennial.org](http://URJBiennial.org). If we register by **October 16**, we'll get rebates and extra perks - so let's save the dates and start making our plans!

Please contact [Rabbi Appleby](#) as soon as possible if you are interested in attending the Biennial or have any questions. Let's send a strong delegation to Chicago this December, and we will return even stronger!

### ONEG HOSTING

Contact the [Temple Office](#) if you would like to host an August Oneg!

Only one open date: **August 2**

## Tisha b'Av – the 9<sup>th</sup> of Av



During the heat of summer comes this holy day of *Tisha b'Av*. It is a solemn day on which Jews mourn the destructions of the First and Second Temples in Jerusalem in 586 B.C.E. and 70 C.E., respectively. The restrictions on *Tisha b'Av* are similar to those on Yom Kippur: to refrain from eating and drinking (even water)

from sundown to sundown, washing, bathing, shaving and wearing cosmetics; wearing leather shoes, and engaging in sexual relations. Unique to *Tisha b'Av* is a prohibition against the study of Torah (which is considered a joyful endeavor); instead, it is customary to study sad and painful passages such as the Book of Lamentations, Job, and parts of Jeremiah.

Many traditional mourning practices are observed: sitting on low stools and refraining from smiles, laughter, and idle conversation. In the synagogue, the Book of Lamentations is read; the liturgy is marked by a haunting melody; the lights are dimmed; the Ark is draped in black or it is left open and emptied of all Torah scrolls; worshippers sit on the floor or low benches and don't wear a *tallit* or *t'fillin*.

What does *Tisha b'Av* mean for Reform Jews? Historically, the Reform movement has downplayed the observance of *Tisha b'Av* because we may not mourn the destruction of the Temples; we may not consider ourselves in exile; we may not pray for the rebuilding of the Temple or for the return of the sacrificial cult; and we may not accept the theology that our tragedies were punishment for our sins.

However, *Tisha b'Av* does afford us the opportunity to experience communal grief for all Jewish tragedies (such as the Crusades, the expulsion from Spain, and the Holocaust) and to reflect on our own personal losses and grief. Although we may not feel in physical exile, we may be in spiritual exile or in exile from communal life. *Tisha b'Av* is also an appropriate time to recall other human tragedies in history and to reflect on current suffering throughout the world.

Reading the Book of Lamentations can teach us that what is painful to us can be talked about; and it can model for us how to handle grief, cope with a crisis, and express our rage: that lament is a first step towards healing. With the *Mincha* (afternoon) service on *Tisha b'Av* the atmosphere and mood changes. Tradition teaches that on the day of our deepest sadness, the Messiah will be born and our greatest joy will be celebrated; we are able to experience the first sense of joyful and hopeful renewal. Thus, at *Mincha* one can wear a *tallit* and *t'fillin*; one can wear leather shoes and perfume; and one can study Torah. On both the communal and the personal levels, *Tisha B'Av* serves as a reminder that out of disaster comes renewal.

This year, *Tisha b'Av* falls on Sunday, August 11. Join us on Shabbat morning (August 10), to study and discuss the Book of Lamentations. And join me at 7:30 pm on the northeast side of Holmes Lake for the 36<sup>th</sup> Annual Nebraskans for Peace Lantern Float (more information on page 3).

*L'Shalom, Rabbi Teri Appleby*

## BIKUR CHOLIM – VISITING THE SICK

Rabbi Appleby makes *bikur cholim* visits and phone calls but can only do so if she knows that someone is ill or is in the hospital. Due to HIPAA patient privacy laws, the only time a hospital will inform us about a congregant is if the patient lists the Temple as his/her congregation.

If you, a loved one, or a friend would like the Rabbi to make a *bikur cholim* visit or phone call, please let Rabbi Appleby know. Call the Temple office at 402-435-8004 or e-mail [rabbi@southstreettemple.org](mailto:rabbi@southstreettemple.org)

## THIS MONTH'S TORAH PORTIONS

- August 3 / 2 Av – Matot-Masei: [Numbers 30:2 - 32:16](#)
- August 10 / 9 Av - Devarim: [Deuteronomy 1:1 – 3:22](#)
- August 17 / 16 Av - Vaetchanan: [Deuteronomy 3:23 - 7:11](#)
- August 24 / 23 Av - Eikev: [Deuteronomy 7:12 - 11:25](#)
- August 31 / 30 Av – Re'eh: [Deuteronomy 11:26 - 16:17](#)

Read more at the [URJ's Torah Study page](#)

## Community & Events

### NEBRASKANS FOR PEACE



The **Nuclear Weapons: Back from the Brink** campaign begins with the 36<sup>th</sup> Annual NFP Lantern Float, **Saturday, August 10** starting at **7:30 pm** at Holmes Lake's northeast side.

- Prepare: 7:30-8:00
  - Assembling of lanterns near NE jetty.
  - Cello Music by Sophia Potter; Prayer by **Rabbi Teri Appleby**.
- Consider Japan: 8:00- 8:20
  - Reflections on Japan; past and present nuclear concerns: Nobuko Tsukui.
- Consider the United States: 8:20-9:00
  - History of nuclear brinkmanship: 1945-2019; Ron Todd-Meyer, NFP president.
  - NFP's "Back from the Brink" Campaign: Tim Rinne, coordinator of NFP.

The *Toro Negashi* or lantern floating ceremony commemorates sad events such as the Hiroshima atomic bombing. The lanterns represent the dead returning peacefully to their origins, represented by the water

### TEMPLE GIFT SHOP

**The Gift Shop is open on Fridays and Sundays!**



If you can be a Gift Shop volunteer, please contact Johna Walker at 402-770-4189 or [jjpwalker2@gmail.com](mailto:jjpwalker2@gmail.com) or [giftshop@southstreettemple.org](mailto:giftshop@southstreettemple.org).

### LADIES' LUNCH



Three of us had a lovely time at Carmela's on July 16. We decided to do something different for August: We will bring takeout food to Barbara Barron's house at [1145 Mockingbird Lane North](#) on **August 20** at **12:00 noon**.

Suggestions for takeout near Barbara's include: [Sultan's Kite](#), 7350 South 13th Street (near SW corner of 14th and Pine Lake) and [Panera Bread's](#) new location at 1424 Pine Lake Road. Both places have drive-through service as well as sit down or takeout. [Issara](#) is also nearby, as is [Jimmy John's](#) and others. Or you can bring your own favorite food /special diet from home!

Let [Deborah Swearingen](#) (402-476-7528) know if you plan to attend and if you need a ride.

### JEWISH BOOK CLUB



Our next meeting will be held on **September 22** at **1:30 pm**

[Gere Library](#) | [2400 South 56th Street](#)  
(South 56<sup>th</sup> & Normal Boulevard)

September's Book will be announced soon!

Bringing of treats is permitted. Also note that this is not intended to be a women's-only group; men are welcome!

## Giving

### *Thank You for These Recent Contributions*

#### *Memorial Fund*

Leslie Delserone, in memory of William Edward Delserone  
Ben & Elaine Gelber, in memory of Elisabeth Gelber  
Rabbi Michel Weisser, in memory of Morris Rubinsky  
Zoya Zeman, in memory of Erwin Doehren Zeman

#### *Rabbi's Discretionary Fund*

Zoya Zeman, in memory of Michael Zeman

**LJCS**

**Lincoln Jewish Community School** classes begin on **Sunday, August 18!**

Registration packets and information are available in the Temple office, the Synagogue office, or from Andrea Halpern or Nicholette Seigfreid

**OTHER ADULT ED**

**Ongoing:**

- ❖ Torah Study
- ❖ Mussar class: Inner Ladder
- ❖ Adult Hebrew



***Service Times***

**Erev Shabbat Service:** Friday evenings, beginning at **6:30 pm**

**Oneg Shabbat** follows service in the Social Hall. Please contact the Temple office if you are interested in sponsoring or hosting an Oneg

**Note:** There will be **NO Erev Shabbat services** at the Temple on **Friday, August 9** – Pop-up Shabbat – and on **Friday, August 23** – Federation Shabbat at Antelope Park (more details below). Also, **NO Shabbat morning service** at the Temple on **Saturday, August 31**. Join the Lincoln Jewish Community at Tifereth Israel for the Bat Mitzvah of **Eva Bloom!**

***Prayer, Life Cycle & Simcha***

**Shabbat Morning Service:** Saturday mornings, beginning at **9:30 am**

**Torah Study:** Saturdays following the morning service, beginning at around **10:45 am**

**Mi Shebeirach prayers:** If you or someone you know would like to be added to our list of prayers for healing, read at each service, please contact the Temple office at [office@southstreettemple.org](mailto:office@southstreettemple.org) or **402-435-8004** If you have something to celebrate or commemorate, please notify the Temple office. If you wish to commemorate important milestones in the lives of family and friends, please consider a tax-deductible gift to the Temple. An acknowledgment will be sent to the honoree, and a notice will appear in the Temple bulletin.

You can specify that your donation be “In Honor of,” “In Memory of,” or “On Occasion of.” Simply send a check or direct an online bank payment to: South Street Temple (ATTENTION:Treasurer) 2061 South 20th Street, Lincoln, NE 68502-2712

*Your thoughtfulness is appreciated.*

***Our Congregation***

**Congregation B’nai Jeshurun**

*The South Street Temple*  
2061 South 20<sup>th</sup> Street  
Lincoln, NE 68502



[www.southstreettemple.org](http://www.southstreettemple.org)  
[402.435.8004](tel:402.435.8004)

Teri Appleby, rabbi – [rabbi@southstreettemple.org](mailto:rabbi@southstreettemple.org)  
Peter Mullin, office administrator –  
[office@southstreettemple.org](mailto:office@southstreettemple.org)  
Office hours 1:00 to 5:00 Monday through Friday

**Executive Committee:**

Nathaniel Kaup – President  
[president@southstreettemple.org](mailto:president@southstreettemple.org)  
Nicholette Seigfreid – Vice President  
Julie Moore – Secretary  
Leslie Delserone – Treasurer



## Our Congregation

### Board Members:

Maria Cadwallader  
Aimee Hyten  
Elaine Monnier  
Anne Rickover  
Nicholette Seigfreid  
Dan Senft  
Art Zygielbaum

### Branch Heads:

*Chesed (Caring)*: Anne Rickover  
*Gevurah (Sustainability)*: Vacant  
*Hod (Communications)*: Maria Cadwallader  
*Malchut (Building and Grounds)*: Dan Senft  
*Netzach (Special Events)*: Aimee Hyten  
*Ruach (Spirit)*: Elaine Monnier  
*Yasod (Foundation)*: Art Zygielbaum

## Social Action

### CLINIC WITH A HEART



**Clinic with a Heart** continues to grow and serve more patients and provide more services to the Lincoln community. As we grow, we find we need to deepen the volunteer pool. We are particularly interested in three specific areas:

**Office team:** Shifts at 9:00 am-12:00 pm, 12:00-2:00 pm; includes such tasks as answering the phones, special projects, filing, reception to patients needing information about the clinics, etc.

**Bridge team:** Shifts at 1:30-4:00 pm, 4:00-5:30 pm; this is our pre-clinic team which includes hospitality, front desk, waiting room and guide positions.

**Monitor on Clinic nights:** Shifts at 4:00-8:00 pm or broken into 2 shifts: 4:00-6:00 pm or 6:00-8:00 pm; includes such tasks during clinic as walking the premises, inside and out, escorting volunteers to their cars at the end of the night, being the last person to leave clinic. We provide a monitor vest, walkie-talkie and flashlight. A training for this position is on **Wednesday evening, August 28 @ 6:00 pm.**

If you or someone you know is interested in serving in any of these areas, please contact [rachelle@clinicwithaheart.org](mailto:rachelle@clinicwithaheart.org) for orientation information.

### FEEDING THE KIDS AT F STREET



South Street Temple partners with "We Can Do This" every month to provide weekend meals to the children of the F Street Community Center. The Center provides evening meals during the school week, but it does not have the budget to serve anything to eat on weekends, leaving some children with little or no food during the day.

Join us as we provide lunch on the third Sunday of every month. Food/monetary donations, meal preparation and assistance with setting up, serving, and clean-up are always welcome!

*We will serve our next meal on  
**July 21 at 2:30 pm***

*For more information, contact  
Aimee Hyten at [aimee.hyten@gmail.com](mailto:aimee.hyten@gmail.com)*

### FEDERATION



Join us for **Federation Shabbat on Friday, August 23** at the **Antelope Park Enclosed Shelter**.  
**6:00-6:30pm** Set up and Park Play Time  
**6:45 pm** Family-Friendly Shabbat Service  
**7:15 pm** Potluck Dinner

**Please bring a dairy or pareve dish to share.**

***If you participated in a Jewish camp this summer, please bring photos and memories to share***

**All members of our community are welcome!**

The mission of the Jewish Federation of Lincoln is to inspire generosity, improve lives, and strengthen our Jewish community within a framework of Jewish values. Our vision is a Jewish community united in tzedakah to support Jews locally and worldwide. Join the Federation this year to help!

You can contribute by mailing your donation to:

Jewish Federation of Lincoln  
P.O. Box 67218  
Lincoln, NE 68506-7218

THE STRENGTH OF A PEOPLE / THE POWER OF  
COMMUNITY

☆ **Upcoming Yahrzeits** ☆

**July 28-August 3, 2019**

Leon A. Adelson  
William Edward Delserone  
Marcella Frank  
Louise W. Gladstone  
Ruth N. Goldfein  
Lainie Lombardi  
Julee Lowe  
Thomas Reinecke  
Harry Rosenthal  
Elizabeth Salzman  
Betty Shapiro  
Abraham Alan Siegel  
Bertha Simon  
Will Stam  
Richard Swearingen  
Clarence Wertheimer

**August 4-10, 2019**

Genevieve Feigenbaum  
M.P. Frank  
Esther Liberman  
Emma E. Monnier  
Henrietta Gold Speier  
Tillie Reed  
Rosalie Saylan  
Peter Thompson

**August 11-17, 2019**

Minnie Friend  
Anne Gepner  
Jean Greenlee  
Irving Hertzberg  
Anna Thomas Johnson  
Jack Lerner  
Hattie Levy  
Harold C. Mayer  
Stanley Sands  
Florence G. Schlesinger  
David Trustin Sherman  
Donald Shkolnick  
Kate Bluth Speier

**August 18-24, 2019**

David Feldman  
Pam Kominsky  
Annette Lewis Leo  
Mildred Nefsky  
Jean Parmet  
Ruth Salter  
Albert Speier  
Pearl Weissner

**August 25-31, 2019**

Roberta Crable  
James Gessford

**August 25-31, 2019**

Timothy J. Reitz  
James Alan Rhodes  
Julia M. Schlesinger  
Julius Schwarzstein  
Rose Ruth Wayne  
Mary Elizabeth Whalen  
Margaret Wiemann  
Matthew Wodtke  
Arthur Zinn

**September 1-7, 2019**

Rita Babbitz  
Alex Bernstein  
George Claymon  
Stephen Gordon  
R. Neil Harper  
Leo Himmelreich  
Paul Jacobson  
Louis Liberman  
Max Mozer  
Kate Victoria Nefsky  
Albert Sandlovich  
Rosa Schwartz  
Samuel Schwartz  
Fanny Nefsky Seelenfreund  
Barbara Stevens  
Dorothy Teichman



*Zichronam livracha: May their memories be for blessing*

**August Birthdays**

**August 1:** Maureen Lobb, Jonah Paslawski,  
Bob Shapiro  
**August 2:** Josh Gordon, Nick Lundholm  
**August 5:** Sofia Siedband  
**August 6:** Kitra Monnier  
**August 7:** Stefani Singer  
**August 8:** Moses Bloom  
**August 9:** Ben Merliss  
**August 11:** Arnold Radloff  
**August 12:** Mark Singer  
**August 16:** Bob Bleicher  
**August 17:** Janet Lundholm  
**August 22:** Jonathan Leo  
**August 22:** Fishel Liberman, Teri Perkins  
**August 28:** Mark Schwartz  
**August 29:** Leah Hack-Curtis, Adriann Paslawski  
**August 31:** Lydia Wall



**August Anniversaries**

**August 8:** Art & Chris Zygielbaum  
**August 15:** Rick & Cindy Kohn  
**August 18:** Leslie Delserone & Peter Mullin,  
Bob & Dottie Shapiro  
**August 31:** John Mosow & Ellin Siegel

## Calendar

### SERVICES / TORAH STUDY / UPCOMING EVENTS [with events/activities for the home]

#### **Thursday, August 1**

**6:00 pm** – Board Security System training  
**7:00 pm** – High Holy Days Choir rehearsal

#### **Friday, August 2 – Rosh Chodesh Av**

[Candlelighting for Shabbat at **8:22 pm**]  
**6:30 pm** – First Friday Family Service  
**7:30 pm** – Oneg (**host needed!**)

#### **Saturday, August 3**

[Havdalah (72 minutes) at **9:51 pm**]  
**9:30 am** – Shabbat Morning Service  
**10:45 am** – Torah Study on Parashat Matot-Masei

#### **Sunday, August 4**

**11:30 am** – Adult Hebrew Prayer class

#### **Tuesday, August 6**

**7:00 pm** – Mussar: Inner Ladder va'ad

#### **Thursday, August 8**

**7:00 pm** – High Holy Days Choir rehearsal

#### **Friday, August 9 – Pop-Up Shabbat Dinners – No Service at Temple**

[Candlelighting for Shabbat at **8:14 pm**]

#### **Saturday, August 10 – Shabbat Chazon – Erev Tisha B'Av**

[Havdalah (72 minutes) at **9:43 pm**]  
**9:30 am** – Shabbat Morning Service  
**10:45 am** – Torah Study on Lamentations

#### **Sunday, August 11 – Tisha B'Av**

**11:30 am** – Adult Hebrew Prayer class

#### **Wednesday, August 14**

**6:00 pm** – LJCS Teacher meeting

#### **Thursday, August 15**

**7:00 pm** – High Holy Days Choir rehearsal

#### **Friday, August 16 – Tu B'Av**

[Candlelighting for Shabbat at **8:05 pm**]  
**6:30 pm** – Friday Night Live! Shabbat Service  
**7:30 pm** – Oneg (hosted by Dennis Dohner & Zoya Zeman)

#### **Saturday, August 17 – Shabbat Nachamu**

[Havdalah (72 minutes) at **9:33 pm**]  
**9:30 am** – Shabbat Morning Service  
**10:45 am** – Torah Study on Parashat Vaetchanan  
**6:00 pm** – Potluck Dinner & Game Night

#### **Sunday, August 18 – LJCS begins**

**11:30 am** – Adult Hebrew Prayer class  
**2:30 pm** – Feeding the Kids at F Street Rec Center

#### **Tuesday, August 20**

**12:00 n** – Ladies' Lunch at Barb Barron's

#### **Thursday, August 22**

**7:00 pm** – High Holy Days Choir rehearsal

#### **Friday, August 23 – Federation Shabbat – No Services at Temple**

[Candlelighting for Shabbat at **7:54 pm**]  
**6:00 pm** – Federation Shabbat Service & Potluck at the Antelope Park Enclosed Shelter  
**7:30 pm** – Oneg (hosted by Dennis Dohner & Zoya Zeman)

#### **Saturday, August 24**

[Havdalah (72 minutes) at **9:23 pm**]  
**9:30 am** – Shabbat Morning Service  
**10:45 am** – Torah Study on Parashat Eikev

#### **Sunday, August 25**

**11:30 am** – Adult Hebrew Prayer class  
**1:30 pm** – Board of Trustees meeting

#### **Thursday, August 29**

**7:00 pm** – High Holy Days Choir rehearsal

#### **Friday, August 30 – Eva Bloom Bat Mitzvah**

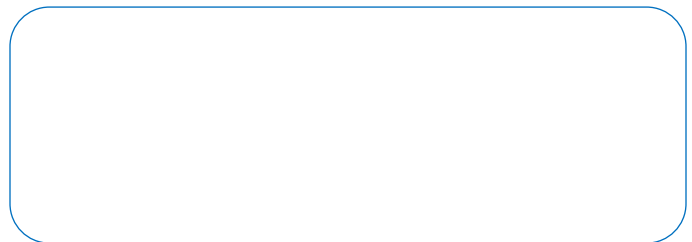
[Candlelighting for Shabbat at **7:43 pm**]  
**6:30 pm** – Erev Shabbat Service  
**7:30 pm** – Oneg (hosted by the Kelen-Bloom family)

#### **Saturday, August 31 – Eva Bloom Bat Mitzvah – No Services or Torah Study at Temple – Rosh Chodesh Elul**

[Havdalah (72 minutes) at **9:12 pm**]

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Congregation B'nai Jeshurun  
*The South Street Temple*  
2061 South 20<sup>th</sup> Street  
Lincoln, NE 68502-2712



ADDRESS CORRECTION REQUESTED